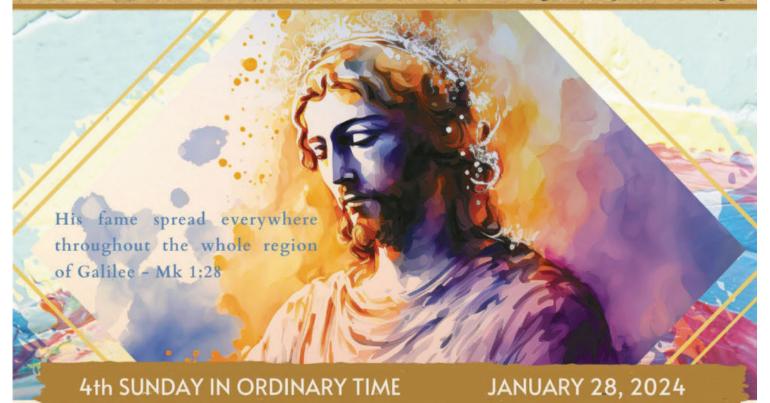


# HURCH OF THE / ISITATION



Our Mission: A Roman Catholic Community celebrating Christ's presence among us.



### WELCOME TO VISITATION CHURCH!

A special welcome to those who may be visiting us today, we are blessed that you are here to worship with us. If you are traveling, we hope you find this Catholic community welcoming. If you are new to this area, we hope to see you again and that you may consider joining this community.

### MASS TIMES

DAILY MASS

Monday - Friday: 8:00a.m.

(This mass is also live-streamed)

SUNDAY MASS

Saturday (Sunday Vigil): 5:00 p.m.

Sunday: 8:00 am., 9:30 a.m., and II:00 a.m.

(The Sunday Mass at 8:00 a.m. is also

live-streamed on our website)

6561 WEST 88TH STREET LOS ANGELES, CA 90045

### ADMINISTRATOR:

Fr. Matthew Wheeler

### IN RESIDENCE:

Fr. Timothy McGowan

### RETIRED:

Msgr. Charles E. Hill

Msgr. James Forsen

### HOLY HOUR (INSIDE THE CHURCH)

First Friday of each month: 8:30am-9:30am

### CONFESSIONS

(Inside the church, in the Sanctuary) Saturday: 3:00 p.m. - 4:00 p.m. and by

appointment

### PRIVATE WORSHIP (INSIDE THE CHURCH)

Monday-Friday: 7:30 a.m. - 4:00 p.m.

Saturday: 8:00 a.m. - 4:00 p.m.

### PARISH OFFICE HOURS:

Monday - Friday 8:00 am - 4:00 pm Closed for lunch 12:00 pm - 1:00pm

### SUNDAY'S READINGS

FIRST READING — "I will raise up for them a prophet like you from among their kin, and will put my words into his mouth; he shall tell them all that I command him." (Dt 18:18)

**PSALM** — If today you hear his voice, harden not your hearts. (Ps 95)

**SECOND READING** — An unmarried woman or a virgin is anxious about the things of the Lord, so that she may be holy in both body and spirit. (1 Cor 7:34)

**GOSPEL** — The people were astonished at his teaching, for he taught them as one having authority and not as the scribes. **(Mk 1:22)** 

### READINGS FOR THE WEEK

MONDAY: 2 SM 15:13-14, 30; 16:5-13/Ps 3:2-3, 4-5, 6-7/MK 5:1-2

TUESDAY: 2 SM 18:9-10, 14B, 24-25A, 30-19:3/Ps 86:1-2, 3-4, 5-6/MK 5:21-4

**Wednesday:** 2 Sm 24:2, 9-17/Ps 32:1-2, 5, 6, 7/Mk 6:1-6

THURSDAY: 1 KGS 2:1-4, 10-12/1 CHR 29:10, 11AB, 11D-12A, 12BCD/MK 6:7-13

FRIDAY: MAL 3:1-4/HEB 2:14-18/PS 24:7, 8, 9, 10/LK 2:22-40 OR 2:22-32

SATURDAY: 1 KGS 3:4-13/PS 119:9, 10, 11, 12, 13, 14/MK 6:30-34

### QUESTIONS OF THE WEEK: REFLECT AND RESPOND TO THE SCRIPTURE

**FIRST READING:** Moses taught the Israelites that God would raise up a prophet like him to teach them the Lord's commands. But he also forewarned about false prophets. How can we avoid listening to false prophetic voices?

**SECOND READING:** Paul expresses his desire for the Corinthian believers to be free of anxiety so they can focus their attention and energies on Jesus. What distracts you from the Lord?

GOSPEL: Mark informs us that early in Jesus's public ministry his "fame spread" quickly throughout Galilee because of his powerful deeds, such as the healing of the demon-possessed man in today's reading. Is there something or someone in your life that you pray Jesus would heal?

### PARENT LEADERSHIP

"Be confident in your rightful authority [as parents], which comes from your God-given vocation, and insist that your children respect it." - Jim Stenson, Compass

Come and spend some time with the Lord!

First Friday Holy Hour
February 2, 2024
8:30AM — 9:30AM

### **OUOTE OF THE WEEK**

"I choose to give to this last worker as I give to you. Am I not allowed to do what I choose with what belongs to me? Or do you begrudge my generosity? So the last will be first, and the first last."

-Matthew 20:14-15

### PARISH REGISTRATION:

Are you looking for a faith community to call home? Visit our website to register as a parishioner.



SAINTS AND SPECIAL OBSERVANCES

#### SUNDAY - JANUARY 28TH

4th Sunday in Ordinary Time, Celebrate Catholic Schools Week

8:00am - Martha Hsu †

9:30am - For the people of

Visitation Parish

11:00am - Nancy Doolin †

#### MONDAY - JANUARY 29TH

8:00am - Mary McFarland

### TUESDAY - JANUARY 30TH

8:00am - Diane Tarango

#### WEDNESDAY- JANUARY 31ST

St. John Bosco, Priest

8:00am - Lorna Laureola †

### THURSDAY - FEBRUARY 1ST

8:00am - Danny Abarro †

### FRIDAY - FEBRUARY 2ND

The Presentation of the Lord, World Day for Consecrated Life

8:00am - Purita Lopez †

### SATURDAY - FEBRUARY 3RD

St. Blaise, Bishop and Martyr; St. Ansgar, Bishop

5:00pm - Annela Dorn †

To request a **Mass intention** please call the Rectory 310-216-1145

PRAYER REQUESTS: email them to the following vizprayerrequests@gmail.com If you would like to join in praying for the requests received, please send an email to the prayer request email address.

ONLINE GIVING:
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PARISH POST January 28, 2024

Dear Friends,

After a brief post-Christmas slow-down, we are gearing up for many great opportunities in the coming weeks at Visitation. Here are some highlights:

- Today marks the beginning of *Catholic Schools Week* and we are so blessed to have a parish school! It is our largest ministry and I'm grateful to Principal Watson for his leadership and to our families for their trust and collaboration in the formation and education of their children. Please visit the school website (visitationschool.org) to learn more about Visitation Catholic School. Our open house is coming up on January 31st. Please invite family and friends!
- On February 21st we're kicking off our *Lenten Bible Study on the Eucharist*. We're partnering with the Augustine Institute to offer a 10-part series on discovering the Mass in the Bible. This study will engage your mind, faith, experience, and imagination; moving you beyond simply reading to reflection and response to God's Word. Register now! Visit out parish website.
- Our *Liturgical Ministry Fair* after Masses in Mary's Courtyard this weekend. Come and see how God might be calling you to serve as a Greeter, Usher, Reader, Eucharistic Minister, or Altar Server. We are hoping to grow these ministries so please respond generously!
- Now is the time to start planning for our parish to join the Archdiocese for a pilgrimage to Indianapolis, IN for the **National Eucharistic Revival Congress** July 17-21, 2024. If you are interested and would like more information, please reach out to Courtney O'Donoghue: <a href="mailto:development497vc@gmail.com">development497vc@gmail.com</a>. For more information about National Eucharistic Revival Congress; <a href="mailto:lacatholics.org/national-eucharistic-congress/">lacatholics.org/national-eucharistic-congress/</a>
- The Superbowl Sunday Breakfast is back! Tickets are selling fast so be sure to get yours today. Please contact Tony Leoni for more information: <a href="mailto:aleoni@pacbell.net">aleoni@pacbell.net</a>.

As you can see we have many wonderful things going on at Visitation! I am so proud of all of you and may God's blessings be upon us as we labor together in the Lord's vineyard.

Peace, Fr. Matt



### **HOSPITALITY NEWS!!!**



As a special welcome to parishioners who officially joined our Visitation community between June and December of last year, the Welcome Wagon will be hosting a special hospitality after all of the Masses this weekend.

### WE SHARE YOUR GRIEF

Please check the Visitation website under Resources/Bereavement for a list of Grieving, Cancer, Hospice and Palliative Care note titles. These are very helpful and powerful small articles. Please contact Candy Blankenship at 310-338-9043 or blank8840@gmail.com and she will mail them to you at no charge." Such titles include Caring for yourself while Grieving, Overcoming Loneliness, What to do after the death of a Spouse, The first 12 months of Grieving, and many, many more.



Heavenly Father, we thank you for the gift of your Son, our Lord Jesus Christ, who promised to stay with us always, until the end of the age. Reawaken our wonder at His presence in the Most Holy Eucharist. May our hearts burn within us as He opens the Scriptures and breaks the bread. Give us the eyes of faith to recognize His presence in our brothers and sisters, especially in the face of the poor and the suffering. Nourished by the Eucharist, send us forth to walk faithfully as missionary disciples, proclaiming the Gospel to every heart and extending Your kingdom to every land. We ask this through Christ our Lord. /Amen.

## Baptism

The Sacrament of Baptism is celebrated on a separate day for each family after attendance by the parents and godparents at a Baptism zoom class. Parishioners are invited to call the office to get an appointment for these classes. The next ZOOM class scheduled is on Sunday, February 11, 2024 at **1pm.** Please register to attend by calling the parish office at 310-216-1145. If you are not a current registered parishioner of Visitation Parish and not receiving envelopes in the mail, please call the office for an appointment with the pastor.

### GRIEF WORKSHOP: A Lenten Journey Through Grief and How the Communion of Saints Help Us Through That Journey

Lent begins February 14, 2024 and lasts until the triduum starting March 28, 2024

WHAT: The Lenten season is a perfect time to help us memorialize our beloved. In the first hour, we will talk about our own Garden of Gethsemane of grief and moving thru the different stages of the Lenten timeline. The second hour we will discuss some amazing things you may not know about the Communion of Saints and how they help us in our grieving journey.

WHEN: SUNDAY, FEBRUARY 18, 2024

**TIME:** 2:00 p.m. - 4:00 p.m.

WHERE: O'Grady Center, Parking lot of Visitation Church;

6561 W 88th St., Westchester, CA 90045

WHY: Anyone who has lost a loved one recently or years

before.

WHO: Candy Blankenship (Bereavement Minister)

COST: \$10.00 per person to be donated to Church of the

Visitation (Cash or check)

Please RSVP to blank8840@gmail.com or call 310-338-9043 for accurate count and for class materials. Please also bring your own drinking water and notebook for note-taking.

### SAFEGUARD THE CHILDREN AND VULNERABLE ADULTS

### **DID YOU KNOW?** THE CRIME OF CHILD PORNOGRAPHY

Child pornography is the visual depiction of a minor in sexually explicit conduct. There is some general public confusion surrounding the term "child pornography" — for example, some people believe that child pornography can be accidentally found while browsing the internet, or that the "children" depicted are actually older and simply appear younger. Using the term "child pornography" can also minimize the horrors of children being exploited for profit in this way. To learn more, read the VIRTUS® article "Responding to the Crime of Child Sexual Abuse Materials" at lacatholics.org/did-you-know/.



## Catholic School Week January 28 - February 3

Today we start Catholic Schools week. Catholic schools have a special purpose to form students to be good citizens of the world, love God and neighbor and enrich society with the leaven of the gospel and by example of faith. As communities of faith, Catholic schools instill in students their destiny to become saints. Academic excellence is the hallmark of Catholic education intentionally directed to the growth of the whole person - mind, body and spirit. Finally, service is fundamental to Catholic education and the core of Catholic discipleship. Service is intended to help form people who are not only witnesses to Catholic social teaching, but also active participants through social learning.

This year's new theme is Catholic Schools: United in Faith and Community and will be used through 2026. May we all strive to live in active service of Jesus and his mission as we nationally join together during Catholic Schools Week and always.



Lent, a season of reflection, self-examination, and spiritual preparation leading up to Easter, beckens individuals to focus on prayer, fasting, and acts of service. It is a time for sharing one's gifts and ministering in the church, be it as a lector, eucharistic minister, greeter, or altar server. In this season, one is encouraged to consider these roles as opportunities to contribute to the collective spiritual journey of the community, embodying the essence of Lent through prayerful reflection and dedicated service.

- Lector: Proclaim the first and second reading and reads the Prayers of the Faithful. Must be at least in the 3rd grade and have received their First Communion.
- Eucharistic Minister: Distributes the Precious Body and Blood during Communion. Person must have received Confirmation.
- Usher: Assists with Collection and the flow of Communion. All ages are welcome.
- Greeter: Greets people and hands them a bulleting as they enter the church. All ages are welcome.
- Altar Server: Assists the priest during different parts of the Mass including holding the book and assisting with the presentation of the gifts and altar. Must be in 4th grade or above.

Embrace the opportunity to contribute as a lector, Eucharistic Minister, Usher, Greeter, or Altar Server.

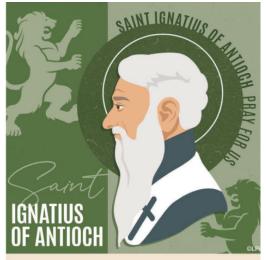
After all liturgies on Saturday, January 27 and Sunday, January 28 in Mary's Courtyard





Join us for our Open House on January 31, 2024
6 PM - Prospective Families
7 PM - Returning Families
This is a great opportunity to learn more about our school!





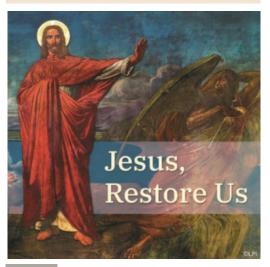
### Saint of the week

St. Ignatius of Antioch, a bishop of Antioch in the first century, was a direct disciple of the apostle John. Despite being thrown to the lions and martyred in Rome's Colosseum for his faith, his teachings and hope for Christian unity live on as early examples of Christian theology.

### **Prayer for the Youth**

Dear Lord,

Be with our young people this week and always — keep them in Your care. Help them to form godly friendships, speak the truth, and know You in the personal way that will challenge, shape, and guide them. Amen.



## Live The Liturgy Inspiration of the Week

With one swift command, Jesus freed a man from the possession of evil spirits. He has that same power to banish the shadow of sin from our own lives. Let's invite him into our hearts, asking him to cleanse the darkness he finds there.

## **GOSPEL MEDITATION Encourage Deeper Understanding of Scripture**

I love movies about exorcisms. Apparently, so do many others. The 2023 movie "Nefarious" features a possibly possessed inmate on death row. Critics were not impressed, but audiences scored it at 97% on the website Rotten Tomatoes. Most people have an appreciation for the demonic realm, even if cultural elites are generally embarrassed about it. As is standard in exorcism movies, the afflicted person (in this case, a man named Edward Brady) thinks and acts like multiple persons. He is someone besides himself. We know what that is like. We feel fake sometimes, not ourselves.

The same dynamic is on dramatic display this week in the Gospel. Jesus the Exorcist approaches a possessed man who utters, "What have you to do with us, Jesus of Nazareth?" Notice the plural, us. The basic effect of the demonic is division. The man's identity is fractured, divided, and thus many. Jesus powerfully expels the spirit by saying, "Quiet! Come out of him!" Jesus' word has the power to restore the man's singularity — him — and indeed it does.

All this helps us to dismiss childish images of demons sporting red goat tails. Equally, it overcomes the cultured aloofness that dreams demons are mere metaphors for evil. We see instead that fallen angels are conscious and intelligent beings who orient their agency toward division. They bring about schism where there should be unity, e.g., in persons, families, communities, politics, and so on. Thankfully, Jesus commands demons to flee from all these places to restore wholeness and peace. What if we made room for his word where we need it?

— Father John Muir



### Men's Priestly Discernment Group

The Men's Priestly Discernment Group is intended to help direct young men toward the possibility of the vocation to the Priesthood. Join them every 2nd Saturday of every month at the Cathedral of Our Lady of the Angels 9 am- 12 pm to help answer questions, give talks on what it means to discern a vocation and give clarity on where God may be calling you to.

www.lavocations.org

Next meeting Saturday, February 10, 2024





CATHOLIC BIBLE INSTITUTE

## CHANGING SEASONS

Scripture Readings of the Liturgical Year



JOIN US ON WEDNESDAY EVENINGS FROM 7-8:30PM (PST) VIA ZOOM TO EXPLORE THE BIBLE READINGS THAT FORM US FOR THE LITURGICAL YEAR!

January 10, 2024 – Ordinary Time – Er-Juan Ochoa,
Director, Office for Divine Worship, Archdiocese of Los
Angeles

February 7, 2024 - Lent to Palm Sunday - Fr. Felix Just, S.J.

March 20, 2024 – *Triduum and Easter* – Fr. Parker Sandoval

For more information, contact Barbara Murphy bmurphy@la-archdiocese.org

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### ZOOM

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# **FULLY ALIVE**

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For more info about discerning the priesthood call (213)637-7248

Saturday, March 22, 2024 9:00 AM - 1:30 PM

Our Fully Alive event gives high school men the opportunity to grow in holiness and enter into a deeper encounter with our Lord through various moments of prayer and fraternity. We invite you to come and experience time with fellowship with other high school men.

### Prayer

God, you are much stronger than evil. Nothing is too hard for you to clean.

### Mission for the Week

Make a new label for your family's stain pre-treatment bottle. Trace around the bottle, write Mark 1:21-28 in big letters, and decorate your label with a picture of Jesus. Tape your new label to the bottle so you and your parents remember how strong Jesus is.

### **Sharing the Gospel**

Grass stains. Tomato sauce. Brightly colored fruit drinks. When these nasty stains stick to your clothes, it is tough to get them out. Regular soap won't work. You need something stronger. Jesus is really strong, too. In today's Gospel, a nasty evil spirit screamed when it saw Jesus. Jesus was so powerful, he cleaned that evil spirit right out.

Now color the picture!



### Unscramble words from today's gospel

<del>quiet</del> teaching amazed	spirit Jesus Holy One	shook shout obey
qiuet	<u>quiet</u>	
Jsuse		
amzeda		_
oybe		
Hylo nOe		
shuto		
sipirt		_
soohk		
tachenig		



### GATHERING

All Are Welcome



### APOSTLES CREED

I believe in God. the Father Almighty. Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit. born of the Virgin Mary, suffered under Pontius Pilate, was crucified. died and was buried; He descended into hell; on the third day He rose again from the dead; He ascended into heaven. and is seated at the right hand of God the Father Almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church. the communion of Saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen

**GLORIA** 

PSALM If today you hear His voice, harden not your hearts.

GOSPEL ACCLAMATION

Alleluia (Angrisano)

### MASS PARTS MASS OF ST. ANN

## PREPARATION OF THE TABLE AND GIFTS SATURDAY Only In God





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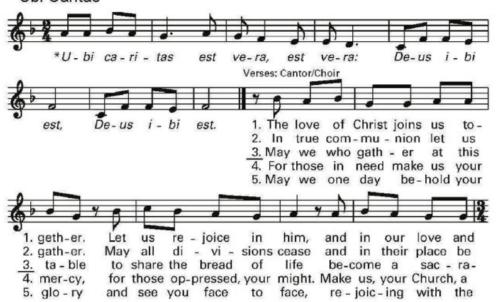
### SUNDAY O Come to the Altar



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### COMMUNION SATURDAY

### Ubi Caritas





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### **SUNDAY** The Beatitudes



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### SENDING SATURDAY

### How Great thou Art



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### SUNDAY | Send You Out

I send you out on a mission of love. I send you out on a mission of love. I send you out on a mission of love, and know that I am with you always until the end of the world.

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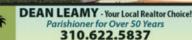




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